



# Tower Hamlets NHS

## Health & Wellbeing Board Strategy Workshop

12 January 2016

Session Photographs & Digest

# Tower Hamlets NHS

## Health & Wellbeing Strategy 2020

### **Session Objectives:**

to allow the board to reflect on its objectives and identify some high impact initiatives which all stakeholders can support.

### **Programme:**

Focus exercise to identify progress to date

Future Search to highlight Board aspirations

Identify where the H & W B could have an impact

### **Contents:**

Focus board 'Where are we now?'

2020 Headlines!

Key themes from Future Search discussions

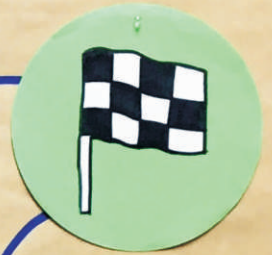
Board Impact syndicate discussions - 6 topics

How far has the Tower Hamlets Health & Wellbeing Board travelled towards its (strategic) goals?

The last 'bit' could be controversial & we 'stop' - need to push the last 20%.

Board functions well, but we receive a lot of info but what does the board add?

Not on board, not seen a lot, coming out yet.



Challenges for how we engage with community & mainstream services

Risk if we don't focus - risk of getting too much right - talk more about agencies & communities



Not made any controversial decisions yet.



How far Have We travelled?

A snapshot of how the Board feels it is doing. Many positive comments reflecting the ability of the Board members to work together, but a recognition that it has yet to take, and publicise, any controversial decisions.

A recognition that engagement and visible 'added value' are important.

# Back to the Future II

TOWER HAMLETS  
HEALTH + WELLBEING BOARD  
CHANGED THE FACE  
OF COMMISSIONING

Health + Wellbeing  
Chiefs strike a  
heavy blow to  
childhood obesity

Kids lead the way  
to ~~win~~ healthiest + happiest  
borough ~~around~~!

\*People live longer in  
good health and latest figures  
show that the key equality  
gaps are closing," says chair  
of Health + Wellbeing Board,  
Tower Hamlets.

Residents celebrate closure  
of last chicken shop on  
Mile End Road due to lack of  
demand!

## Future Search - What We'd Like to Hear in 2020

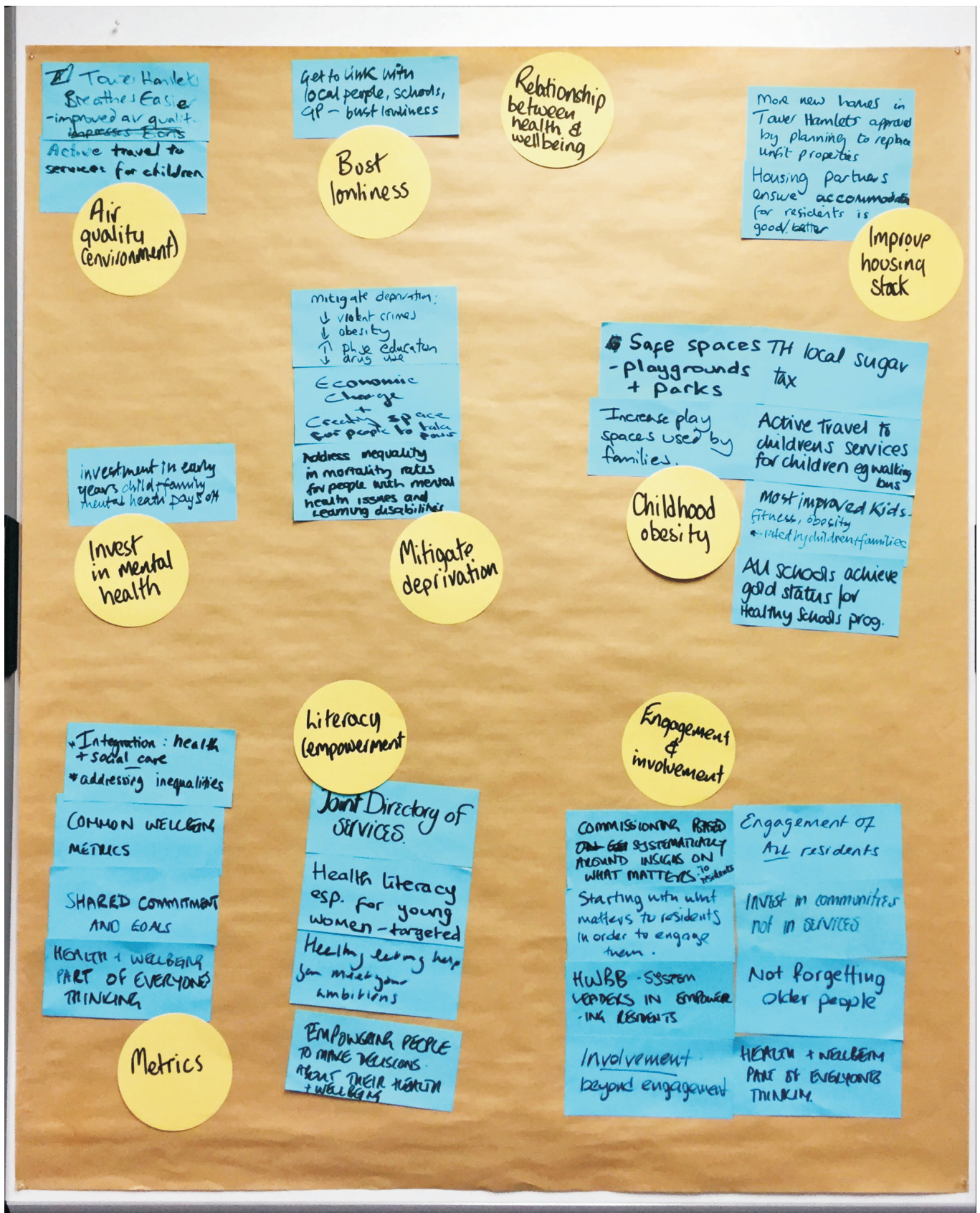
'changing the face of commissioning'

'tackling childhood obesity'

'the healthiest & happiest Borough'

'closing the equality gaps'

'closing the last chicken shop'



## Key Themes from the Future Search Discussions

- air quality (the environment)
- tackling loneliness
- articulating the link between health & wellbeing
- improving the housing stock
- investment in mental health
- mitigating deprivation
- addressing childhood obesity
- shared & common metrics
- literacy, especially health literacy
- engagement & involvement

## Syndicate Discussions

The following pages contain photographs of the boards prepared by sub groups who talked about the following themes:

- developing a shared understanding of health & wellbeing
- the consequences of deprivation
- the quality of housing
- childhood obesity
- outcomes by agreeing shared ways of working and goals
- unlocking community capacity to improve HOW

Rather than simply re-type the comments, you are invited to explore these pages by looking at the cards and considering the comments in the original script.

A blank page has been inserted after each photograph for your comments.

How could the Health & Wellbeing Board have an impact on .....  
**DEVELOPING A SHARED UNDERSTANDING**  
of HEALTH + WELLBEING .....by 2020?

Please think about **IMPACT**,  
partnership (where possible)  
and evidence base

Could we build on  
anything that's  
already being done?

**WHO DEFINITION**

**WHAT MATTERS TO ME?**

**SOLUTION FOCUSED?**  
ASSET BASED  
APPROACH

**Recovery**  
Model  
learning

**BHUTAN +**  
GROSS NATIONAL  
HAPPINESS.

**PERSON CENTRED**  
COORDINATED CARE  
+ SUPPORT PLANNING!

**SOCIAL**  
PRESCRIBING  
(but not like name)

**Building on**  
NATIONAL  
METRICS OF  
WELLBEING.

**BIOMEDICAL**  
+  
PSYCHOSOCIAL.

What's missing?

**IS HEALTH ACTUALLY**  
WELLBEING?

**HEALTH + WELLBEING**  
OF SOCIAL NETWORK

**CAPTURING HOW**  
YOU ARE FEELING?

**SOCIAL NETWORKS**  
+ WELLBEING.

**HOW TO CAPTURE**  
SOCIAL NETWORKS

**WHAT MATTERS TO**  
YOU IS  
WHAT IS THE MATTER

**HOW DO WE**  
MEASURE WELLBEING  
AT INDIVIDUAL LEVEL?

**IS EVERYTHING**  
WELLBEING?

**SOCIAL ISOLATION**  
REQUIREMENTS of GPs.

Who might need to  
be involved?

**THE COMMUNITY**

**PHE - WORK ON**  
WELLBEING

**"EXPERTS"**

**VANGUARD.**

Suggestions for next  
steps?

**FIND OUT**  
WHAT IS GOING  
ON ELSEWHERE?

**ENGAGEMENT**  
WITH COMMUNITY

**BE PREPARED**  
TO CHANGE +  
TRANSFORM.

**Mental Illness prevention**  
= Are there other strategies  
in England/UK/world?

**Develop some**  
simple routine data  
capture methods re  
wellbeing + self-defined health  
status

**Council reports to**  
include 'Impact on  
Wellbeing' section

**Engage with rest of**  
Council + partners  
initially around Wellbeing  
rather than health.

**Notes:**



How could the Health & Wellbeing Board have an impact on ~~negative~~ <sup>the</sup> consequences of Deprivation .....by 2020?

Please think about **IMPACT**, partnership (where possible) and evidence base

Could we build on anything that's already being done?

Fairness Commission

Marmot report

CVS >3,000 organisations

More power to HWBs

JSNA @ HWB Strategy

Mitigation against Welfare Reform

MENTAL HEALTH STRATEGY

LLW

What's missing?

A local plan to tackle deprivation

Good evidence base about what makes a difference

Shared vision and shared goals locally

Good communication - information accessible & understood.

CHILDREN NEED ASSESSMENT

Affordable homes (rent + buy)

Accessible + targeted health literature (joint directory)

Who might need to be involved?

Schools + Educational Establishments

Family young people communities

Business organisations + their workforce

GLA + Mayor of London

Job Centre Plus

Partners (HWB plus others)

MP + HWB link.

OPPORTUNITIES for 16-25 year olds

Suggestions for next steps?

Link analysis of the between relative + absolute deprivation

Harnessing business power to foster change (CSE)

Build on the initiatives we have in place (that have a true impact)

Focus on children living in deprivation.

Actually engage children on what they want

Utilising local homeless + asylum seeker / refugee organisations

Focus on mitigating the impact on children in the here + now

**Notes:**

How could the Health & Wellbeing Board have an impact on .....

quality of housing

.....by 2020?

Please think about **IMPACT**,  
partnership (where possible)  
and evidence base

Could we build on  
anything that's  
already being done?

Env. Health &  
housing work together

Local plan  
consultation phase

- Damp & condensation  
+ impact on health  
↳ asthma, dialysis  
chronic lung disease

supply of housing  
insufficient for  
population

Design of housing -  
- issues of towers  
- light access / open  
spaces / loneliness

- absenteeism from  
home / investment  
opportunity in buying  
homes

overcrowding issue  
& impact on mental  
health

What's missing?

- design mitigation  
on air flow systems  
for polluted airways

- research globally  
into what works  
elsewhere eg China /  
Hong Kong / Northern  
Council?

- Flexible accom.  
for older people  
- flexible services  
reach out to care  
people

Inter-gen. housing  
+ support

walkways to  
school, part of  
new housing plans

Who might need to  
be involved?

Planners + housing  
team (strategic)  
+ THHF

Experts who have  
already done this

Contractors,  
architects, planning  
consultants

Mayor, Cabinet,  
Housing leads

Suggestions for next  
steps?

- Health impact  
assessment on  
new schemes  
- Criteria on + hsg.  
& health indicators

- Highlighting positive  
practice on 'good'  
housing schemes

Systems leadership  
to advocate for 'healthy'  
housing stock

**Notes:**

How could the Health & Wellbeing Board have an impact on .....

# Childhood Obesity

.....by 2020?

Please think about **IMPACT**, partnership (where possible) and evidence base

Could we build on anything that's already being done?

Healthy borough programme. Lapsed 2-3 yrs ago

Open spaces review

Existing commissioned services

Neighborhood/school pilots.

Scale up interventions such as improvement of healthy content of meals

What's missing?

Strategic focus  
High level commitment

High profile

Willingness to take big, potentially sensitive decisions

Resources allocated by partners. - more toward joint commissioning, resourcing in kind.

Who might need to be involved?

Commitment from/by all partners as to the role they can play.

Planning (physical environment planning)

Map out/define role of range of partners. eg. police / fire services

Schools + higher education + Academic Health Science centres (UCLPet)

Corporate funding, business sponsorship.

Community mobilisation, 'call to action', social movement.

Suggestions for next steps?

Build credible case for change, building on narrative of 'why TH', need for 'systems change' perspective

Campaign. engagement, high profile something that 'speaks to all HWSB members

Developing common language, branding, family health angle that resonates with families.

**Notes:**

How could the Health & Wellbeing Board have an impact on .....  
~~Outcomes~~  
~~Outcomes~~ by agreeing shared goals, ways of working, goals & outcomes  
.....by 2020?

Please think about **IMPACT**, partnership (where possible) and evidence base

Could we build on anything that's already being done?

Commitment, energy & partnership. e.g. TST.

What's missing?

- Common approach  
- unified measures  
- unified measuring.

Agreement on priorities + shared measures

Key partners e.g. Business

A set of Shared goals around core areas with shared measures

Who might need to be involved?

Business, Fire Service, LAs .....

Suggestions for next steps?

Shared & agreed community engagement strategy across partners

**Notes:**



How could the Health & Wellbeing Board have an impact on .....

unlocking community capacity to improve H&W  
.....by 2020?

Please think about **IMPACT**,  
partnership (where possible)  
and evidence base

Could we build on  
anything that's  
already being done?

Looking at pockets of G practice. Specific "Place" → spreading  
Learning from past → joining up lessons & building on them.  
Has to be neighbourhood/network/place based.  
→ duplicate here.

What's missing?

Change in partners culture to be able to support communities to  
lead change & improvement. Training staff as enablers.  
Trust within senior stakeholders → letting go control <sup>See it through</sup>  
<sub>Even when it's complicated</sub>  
Coherence - Feeling that residents have control/responsibility - Empowering  
residents to feel they have a role in their neighbourhood.  
Politics & patronage - corrupted view of r/ship between citizens & the state.  
Look outwards. Bolton, Birmingham etc. competitors.  
Good communication tools - more than 1 -

Who might need to  
be involved?

Not just staff with health system being trained  
Citizens & residents are the most important H&W workers.  
Equal partnership between professionals & community  
Self fact its more sustainable.

Suggestions for next  
steps?

Review lessons from past & existing good projects & what made it  
work for each partner organisation. Then look at good external  
best practice thematically.

Being honest about budgets  
Communities having trust.  
Culture change within organs & with citizens.

**Notes:**